The trails provide easy access for everyone. Hard surfaced with seats, picnic tables or resting points every 200 metres, the paths generally have a gradient of less than 1:20.

Kestral Trail
Yellow, walking only,
0.5 mile (0.8km).
Allow 15 minutes.

Lapwing Trail
Blue, walking only,
3/4 mile (1.2km).
Allow 30 minutes.

Skylark Trail
Red, walking only,
1.25 miles (2km).
Allow up to 1 hour.

Walkers and cyclists can enjoy a 7.5 mile (12km) circuit of Pitsford Water. Allow 2–4 hours walking and 1–2 hours cycling (depending on ability).

Dogs must be kept on a lead at all times on the Pitsford Water Trail.

Cyclists are requested to respect other users of the Pitsford Water Trail – watch your speed, give way to walkers and warn of your approach.
Getting involved
Learn new skills and meet new people
All of the parks provide opportunities for you to get involved in volunteer work, learn new skills and meet new people – contact your local park for details.

Meeting /Activity rooms for hire
If you are looking for a good value venue in beautiful country park surroundings, look no further. We have rooms for hire at: Sywell, Barnwell and Irchester Country Parks – suitable for business meetings, craft activities and workshops, community gatherings, illustrated talks, parties, schools and groups.

School, group and corporate activities
Led by experts and tailored to your needs we offer an exciting range of outdoor activities for schools, public and private groups. From pond dipping and nature studies to orienteering and survival skills our activities are suitable for all ages and abilities.

Nature Tots
Join a parents and tots group with a difference – We offer a regular programme of nature activities in the country parks specially designed for toddlers.

Jungle Parc UK high ropes adventure
Swing, zip and glide through the trees at Irchester Country Park using the Jungle Parc UK high ropes adventure courses. X-plorer course for those taller than 1.35m and the Adventurer course for the little ones above 1.05m. Great fun for family and friends. Jungle party packages available. Visit www.jungleparc.co.uk for more information.

Country Park events and family fun
For details on a wide range of park events visit www.northamptonshire.gov.uk/parks

Birthday parties
Looking for a Birthday Party with a difference? How about trying our Education Ranger led parties with a natural flavour! From bug-hunting & pond-dipping to a totally Wild Wild Wood experience, there is an exciting package to suit all. We provide a room if you want to provide party food yourselves. Or take the strain off and have your celebration nibbles provided by our on site cafes.

Fishing
Barnwell, Sywell and Fermyn Country Parks offer a range of superb day and season ticket course fishing.

Pocket Parks
The Pocket Parks Scheme is an innovative and award winning initiative set up by Northamptonshire County Council to help local communities own and manage green spaces for the benefit of people and wildlife.

To date over 80 have been set up across Northamptonshire. If you are interested in finding your local pocket park, helping out in it, or setting a new one up in your community, please contact our Pocket Parks Officer.

Email: pocketparks@northamptonshire.gov.uk

Cycling
Brixworth country Park and Brampton Valley Way offer superb car free cycling routes. Pitsford Cycles at Brixworth Country Park cater for all your cycling needs from bike hire to sale and repair. Visit www.pitsfordcycles.co.uk

Email pitsford_cycles@msn.com or telephone 01604 881777.

For more information on all the activities above: www.northamptonshire.gov.uk/parks or call 01604 889478